

KEIKI GOURMET

MENU FOR SEPTEMBER

Breakfast & lunch are served with 1% milk or homogenized milk.

Menu are subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LABOR DAY	2 GLAZED HAM GREEN BEANS ENRICHED BROWN RICE MIX PEACHES	3 CREAMY CHICKEN FARFALLE PEAS AND CARROTS FRESH APPLES ENRICHED/BROWN RICE MIX	4 GROUND BEEF CURRY MIXED VEGETABLES ENRICHED/BROWN RICE MIX FRESH HONEY DEW	5 TURKEY HOTDOG AND BUN CUCUMBER MANDARIN ORANGES
8 MACARONI AND CHEESE W/ HAM MIX VEGETABLES PEARS	9 CHICKEN CACCIATORE CORN ENRICHED BROWN RICE MIX FRESH APPLES	10 BAKED CAJUN FISH PEAS AND CARROTS FRESH WATERMELON ENRICHED/BROWN RICE MIX	11 TERI BEEF GREEN BEANS FRESH HONEYDEW ENRICHED /BROWN RICE MIX	12 KALUA SANDWICH COLE SLAW MANDARIN ORANGES
15 CHICKEN NUGGETS CORN PEARS ENRICHED/BROWN RICE MIX	16 PORK ADOBO MIXED VEGETABLES ENRICHED BROWN RICE MIX FRESH APPLES	17 BEEF TOMATO PEAS AND CARROTS FRESH WATERMELON ENRICHED/BROWN RICE MIX	18 ROSEMARY CHICKEN GREEN BEANS FRESH HONEY DEW ENRICHED/BROWN RICE MIX	19 HAM AND CHEESE SANDWICH TOSSED SALAD MANDARIN ORANGES
22 FRIED "BROWN "RICE WITH HAM PEAS CARROTS PEACHES	23 GROUND BEEF CHILI MIXED VEGETABLES FRESH APPLES ENRICHED/BROWN RICE MIX	24 GARLIC CHICKEN GREEN BEANS FRESH WATERMELON ENRICHED/BROWN RICE MIX	25 KALUA PORK AND CABBAGES FRESH HONEY DEW ENRICHED/BROWN RICE MIX	26 No School
29 GROUND BEEFSPAGHETTI W/ &VEGETABLE TOMATO SAUCE GARLIC BREAD PEACHES	30 CHICKEN STIR FRY ORIENTAL VEGETABLES FRESH APPLES ENRICHED/BROWN RICE MIX			

.....AND JUSTICE FOR ALL

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